

Understanding Maturation & Situational Losses...

What is a maturational loss?

Losses that occur that occur during the life cycle. For example:

Event

Birth
Walking
Talking
Toilet Trained
Starting School
Becoming a teenager

Leaving home as an adult

Marriage/Coupling
Birth of Children
Middle Age

Retirement
Old Age

Loss

Comfort and security of the womb
Security of being held
People anticipating and meeting your needs
Attention, physical contact from parent
Constant care by parent
Letting parents make decisions, child status, structure, security, protection of grade school
Financial and emotional support from family, school friends
Independence, name
Independence, energy, time, money
Youth, physical ability, lifestyle, dreams or plans not accomplished, parents
Income, friends from work, productivity
Health, spouse, friends, own life

What is a situational loss?

Losses that are caused by unusual circumstances that are not expected to occur. For example:

- ❖ Loss of health
- ❖ Loss of family member due to early death
- ❖ Loss of home through financial set back, disaster, or relocation
- ❖ Loss of ability to conceive or give birth to a child
- ❖ Loss of hope, "dreams" or innocence through sexual abuse or sexual attack
- ❖ Loss of normal developing child
- ❖ Loss of relationship due to death, divorce, pet, break up
- ❖ Loss of friends due to moving
- ❖ Loss of body function
- ❖ Loss of body image
- ❖ Loss of control
- ❖ Loss of freedom
- ❖ Loss of job, income
- ❖ Loss of role
- ❖ Loss of safety
- ❖ Loss of treasured object



Adapted From MAPP (Model Approach to Partnerships in Parenting) Trainers Guide About.com Palliative Care



Promoting Healthy Social Behaviors in Child Care Centers